

Ulster Way



Kit Johnstone, Ph.D.
Past Holywood

4 But Mountains of Mourne and Cuilcagh
Will always remain on my mind
For long as I live, and the stars,
And life, and memory can me find.

Kit Johnstone, Ph.D.
Wilderness, 2011

† Rivers Conan and Rha flow into the bay of Uig, *Caoin Abhainn* means a gentle flowing river and *gja* is Norse for a steep-sided ravine.